



**PERSPECTIVES™**

## Employee Assistance Program

Since 1995, MEGA has offered its members and employees access to an employee assistance program at no additional cost. Currently, the group's contracted partner for this service is provided by Perspectives, a comprehensive EAP program for MEGA members.

This no-cost program for members offers extensive benefits for employees and their family members as well as an entire menu of management-focused solutions to help members minimize costs and maximize productivity.

### Summary of Benefits

**WorkLife Online:** Articles, assessments, skill building courses, tip sheets and information regarding resilience, stress, grief support, relationship issues and more.

**Assessment/Referral/Counseling:** 24/7 Access to masters level professionals for short term counseling or in the moment support.

**WorkLife Services:** Convenience referral services to assist with elder and child care, pet care and training, tutors, housing services, cleaning services, and much more.

**Legal/Financial:** Provides over the phone access to meet with an attorney or money coach for up to 30 minutes. These services can assist with budgeting, real estate, divorce retirement services and more.

### Accessing the Services

Call or text anytime for confidential assistance. To reach a counselor for any of your EAP needs, call toll free **1-800-456-6327** to speak to a Masters level EAP counselor or log on to **[perspectivesltd.com/login](https://perspectivesltd.com/login)**. Code: **MEGA** or download the Mobile App, Search "Perspectives Ltd" in the IOS or Google Play Store, Access Code: MEGA. We also provide videoconferencing, instant messaging and text counseling options.

### Eligibility

MEGA Members are required to sign up annually, providing accurate employee counts. All employees and their family members are then eligible to take advantage of the services offered. Your Perspectives account management team will provide you with all the necessary materials to distribute to your staff as well as conduct orientation sessions. **Note: Although public safety employees are not covered under MEGA's workers' compensation policy, they are allowed access to the MEGA EAP program.**